

Coffee Morning at Thornbury Medical Centre held on
19th April 2024

Attendees: Sundas Ali (Social Prescriber)
Sobia Ambreen (Assistant Practice Manager)
Indira Rani-Bhatti (Practice Manager)

Service Providers: Living Well / Healthy Lifestyle

Attendees: 25 patients

Objectives:

The aim to run Coffee Morning is to reduce health inequalities in the provision.

- Promote new service with patients.
- Help patients struggling with using online prescriptions.
- Reduce Isolation.
- Link community with services available for them in local area.
- Providing opportunity to patients to raise their problems face to face with the practice manager.
- Patients will get benefit from Social Prescribing services, helping patients with social issues.
- Promoting healthy lifestyle.
- Referring Patients to weight management services (Beep).
- Helping patients to fill GP surveys.
- Providing free refreshments.

Outcomes:

- Patients receive support filling GP surveys.
- They were informed with new services available for them in the community.
- Had opportunity to socialise with community.



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- Social prescribers receive referrals.
- Patients register for Beep and healthy lifestyle.
- Patients had face to face conversation with doctors/pharmacist.
- Reduced barrier between medical practice and local community services.
- Made a positive impact on patient mental health.

Next Coffee Morning: Wednesday 22nd May 2024 at 10:00am